



News from
A la Maison
Personal Chef Service

Did You Know...

The Café is closed on Saturdays until after Labor Day. Smoothies, Beverages and Fresh Salads are always available.
Thanks.
Chefs Theo & Melissa

Heard the Latest Café Buzz?

Get Your Morning Off To
A Great Start...

Try Our *NEW* Oatmeal, complete with fruit, nuts and brown sugar.
Only 295 calories!

The Solebury Club Café Specials

Week of August 30, 2010

(starting at 5pm Monday)



Entree

Crab Cakes

Some have called it, 'The best crab cake ever' try it for yourself and decide.
Served atop mixed greens with red pepper remoulade.



Salad

Jamaican Jerk

Jerk-seasoned chicken tossed with mixed greens, cucumber, pineapple, strawberries and green onion served with honey-lime vinaigrette.



Soup du Jour

Italian Sausage and Lentil



Crustless Quiche

Zucchini, Tomato and Swiss

Tired of wondering what's for dinner?

A la Maison Personal Chef Service provides healthy, customized meals *delivered* to your home or office.

Click here to find out more
www.alamaisonchef.com